

# T100 CALLING

## Covid-19 Walk Guidelines

To keep all walkers, participants, volunteers, and staff safe, it is important these guidelines are followed when attending events during the [T100 2020 festival](#).

You must confirm you agree to follow them by ticking a box when tickets are booked on Eventbrite. Activity leaders will have copies with them to remind everyone on the day.

- **Do not attend if ill**, if you or a member of your household has a high temperature, a new, continuous cough or a loss of, or change to, your sense of smell or taste. If a walk leader feels that you may have Covid-19 symptoms, they may ask you to leave. Please do not be offended it is for everyone's safety.
- **Wash your hands or use hand sanitiser regularly.** Hand sanitiser will be provided, and you will be invited to use this upon arrival and before/after each activity.
- **Social distancing:** Please remain a safe distance from others which is a minimum of 2 metres apart. Where closer contact is required for some activities, additional safety measures and instructions will be provided. Please be mindful of others around you and do not be afraid to ask others to step back if you feel they are too close.
- **Face covering:** Please bring a face covering with you and wear it if you are asked to do so. Gloves or face coverings do not need to be worn during the walks but may be needed for some activities. Face coverings must be worn to use public transport, visit local shops, use certain public toilets or to visit the T100 exhibition. Event staff will advise you on the day.
- **Gloves:** will be provided as necessary for mandala making activities.
- **Food:** Bring food and drink with you to reduce the need to visit shops on route. Some events allow time for picnics. If participating in a picnic, please ensure that food and drink you bring is only shared with people from the same household.
- **Rubbish:** Please dispose of your rubbish in public bins or take it away with you. Dispose of any gloves or other PPE in bins provided.
- **Mandala Materials:** Do not take any mandala making materials with you unless instructed by the event team. Anything taken away must be cleaned before use at home.
- **One-way system:** Please respect the instructions given by walk leaders or stewards and any one-way systems in place at activity sites; these will be made clear by staff and/or signs.
- **Track and Trace:** As part of the booking process, we will take your contact details. This is in case we need to contact you as part of the track and trace system.
- **Important:** If you show any symptoms of Covid19 within 14 days of attending any T100 activities please email [katie@kinetika.co.uk](mailto:katie@kinetika.co.uk) as it may be necessary for us to notify others.